

Save Energy and reduce your bills

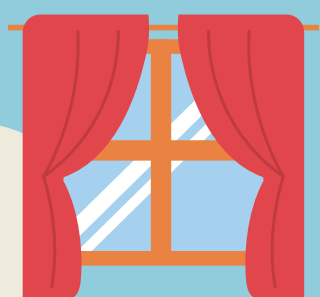


We are all facing an increase in our energy bills. Below are 5 easy top-tips that could save you over £200 per year.....

Before you start you need to understand your energy bill. The information on a typical energy bill can be confusing, but understanding it can go a long way to helping you get to grips with your energy use at home.

For an easy explanation visit

www.energysavingtrust.org.uk/how-to-understand-your-energy-bill



Draught proof the gaps. .

Draught proofing your windows, doors, blocking cracks in floors and skirting boards could save you £40 per year.

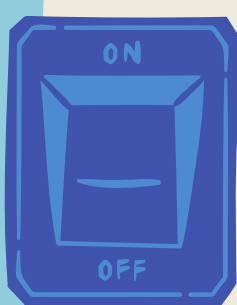


Switch off Standby

If you avoid using standby on your electrical devices you can save yourself £55 per year.

Change to LED

By changing the bulbs in your house to LED efficient bulbs, you can save over £28 per year.



Switch off lights

If you switch off the lights as you leave a room, it can save you £20 per year.



Shower for less

Reduce your time in the shower to 4 minutes and save yourself £65 per year.



For more Top-Tips

www.energysavingtrust.org.uk/hub/quick-tips-to-save-energy



If you are worried, act now!

There is help and support available if you are having problems with your energy, including issues with your bills, your meters, or if you're struggling to pay for the energy you use. Getting help early will make you feel better and feel more in control of your bills, so act now. Below are some organisations who are here to help you;

BEDWORTH, RUGBY AND NUNEATON CITIZENS ADVICE BUREAU (BRANCAB)

If you are struggling with debt, benefits or need budgeting advice please contact us via

Phone: 0808 250 5715 (Freephone, Mondays to Fridays 9-5)

Email: info@brancab.org.uk

In Person:

Nuneaton Town Hall: 10.00-2.00 Tuesdays and Thursdays

Bedworth (Congreve Walk - Opposite Market): 10.00-2.00 Mondays and Fridays

Or in any of our **outreach locations** such as Camp Hill, Hill Top, Children and Family Centres and Bulkington (see www.brancab.org.uk for further details)

We offer a free, independent and impartial service that can help you with:

- Energy Bills
- Energy Saving Measures
- Priority Services Register
- Debt
- Budgeting
- Benefits Check
- Access to Grants such as Severn Trent Water

More help, advice and support

If you are struggling to pay your energy bills, you should contact and discuss with your energy supplier as soon as possible. You can find their contact details on your bills.

Money management – request the help of a Financial Inclusion Support Officer – If you have any concerns about managing your money or budgeting, then please contact one of the team today. The officer will walk you through every step and if you need additional help and support then you will be referred to the right specialist support organisations that can help you. Email the team financial.inclusion@nuneatonandbedworth.gov.uk or Telephone : 02476 376 700

Discretionary Housing and Hardship Payments – Discretionary Housing Payments (DHP) and Hardship Payments are paid at the council's discretion where it considers extra help with housing costs is needed. These payments are made from a limited budget allocated by the DWP. To apply for a DHP you will need to be in receipt of either Housing Benefit or the Housing Element of UC. To apply for a Hardship Payment (help towards council tax only) you will need to be in receipt of Council Tax Support. For more information and to make an application for a DHP go to www.nuneatonandbedworth.gov.uk/dhp or Tel: 02476 376 376

Warwickshire Local Welfare Scheme – The Local Welfare Scheme also provides support towards food, energy or other essentials. This is given either in vouchers, emergency food parcels or with credit for energy. The Local Welfare Scheme will also direct customers to other agencies and organisations who can offer help and support.

For emergency food referrals, supported food referrals and energy vouchers Tel: 0800 408 1448 (freephone from landlines) or 01926 414124.

Act on Energy – Energy bill or switching advice and financial assistance to repair or replace heating systems (home owners only) Tel: FREE 0800 988 2881 email: advice@actonenergy.org.uk or visit the website www.actonenergy.org.uk for energy saving tips and advice.

Help for veterans and the Armed Forces community

The **Veterans Contact Point** is run by veterans for veterans. The VCP provides a confidential and free service for veterans and their families living and working in Coventry and Warwickshire. They will work with you to help you obtain the right support from those who can best help you, when you need it and for as long as you need it. If you need help with your bills call 02476 343793 for help and support.